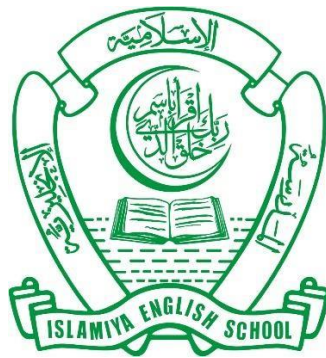


STUDENT WELLBEING POLICY

(Revised in August 2025)



Islamiya English School Abu Dhabi LLC



Student Wellbeing Policy

Rationale:

IES Student Wellbeing Program aims at:

- Providing the best learning environment to its students that nurtures the intellectual, physical, social, and emotional wellbeing of students, expands their horizons, and adapts to their individual needs. These learners aspire to be active participants in an educational setting that fosters their intellectual growth and offers a sense of accomplishment.
- Implementing positive culture that helps to create an environment where everyone feels valued and respected.
- Supporting students to make healthy lifestyle choices and understand the effects of their choices on their health and well-being.
- Developing a welcoming environment where everyone at school can feel supported and safe through access to meaningful activities, e.g., clubs, societies, interest groups and associations dealing with issues of concern to young people, including physical and mental health.
- promoting the full potential of our fabulously diverse student body and build the strongest sense of togetherness between students, staff, SLT, parents/ and our local community.

A wellbeing policy, also known as a wellness policy, is a strategic document that outlines an organization's commitment and approach to promoting the physical, mental, and emotional wellbeing of its employees, customers, or other stakeholders. This policy aims to create a supportive environment that encourages healthy behaviors and practices, ultimately leading to improved overall wellbeing.

Philosophy:

Student wellbeing encompasses the overall health of the students, including their social, mental, physical, and emotional health. Enjoyment and satisfaction with life are inextricably tied to student well-being. In a nutshell, student wellbeing is the way they perceive themselves and their life. It is essential because their well-being and academic excellence are intertwined. Schools should, therefore, not only be a place for students to learn. They should also be a place where students' wellbeing are prioritized, while still delivering excellent instruction and learning activities.

Students wellbeing begins with the school's policies. A policy co-reacted with students, staff, faculty, and parents or other caregivers is an ideal way to begin if there isn't yet a wellbeing policy. The policies and procedures should apply the same processes and expectations to all. Furthermore, there should be clarity and fairness around its implementation.

Policy Statement:

Islamiya English School considers the protection, safety and wellbeing of every pupil in its care a major priority and responsibility. We, at IES believe that everyone should be treated respectfully, every person needs to feel safe and secure, and students need an environment that supports their learning, personal growth and positive self-esteem. Pursuant to our Mission, all policies, structures, services, programs and curricula of the school are in line with ADEK's provided framework and reflect our commitment to the wellbeing and academic care of students. IES promotes the integration of pastoral and academic domains of the school, providing a whole school approach to student wellbeing and growth.

Objectives of Students wellbeing:

- Creating better learning outcomes, health and well-being for students.
- Providing a safe, stimulating and fun place to learn, work and play.
- Nurturing a sense of pride and commitment where students, teachers/staff, parents/caregivers, health professionals and community groups collaborate to create and maintain a healthy school community
- Increasing awareness in the school community of the benefits of eating healthy food, being physically active and mentally strong. Encouraging food-centered activities that are healthful, enjoyable and developmentally appropriate.
- Acknowledging that all students are valued as individuals regardless of gender, racial, cultural, physical or intellectual differences.
- Encouraging parents to work in partnership with the school to support student learning, personal growth and positive self-esteem of students.
- Maintaining a safe, positive and caring school environment.
- Creating a culture where the responsibility of student wellbeing is shared by students, staff and parents.
- Building positive relationships between teachers, students and parents.
- Setting clear expectations for student behavior and how the school responds to student misbehaviors.
- Using co-operative and restorative approaches to resolve conflicts.
- Ensuring ongoing dialogue amongst staff concerning the wellbeing of students.
- No tolerance of bullying, harassment, or other forms of discrimination.

Key components of a wellbeing policy may include:

1. **Statement of Purpose:** This section explains the organization's reasons for implementing a wellbeing policy and its commitment to fostering a culture of wellbeing.
2. **Scope and Applicability:** Define who the policy applies to, whether it's limited to employees, extends to customers or clients, or covers all stakeholders involved with the organization.
3. **Wellbeing Programs:** Outline the specific programs, initiatives, and activities that the organization will offer to support wellbeing. These might include fitness programs, mental health resources, stress management workshops, nutrition education, smoking cessation support, and more.
4. **Roles and Responsibilities:** Clearly define who is responsible for implementing and managing various aspects of the wellbeing policy. This could involve HR personnel, managers, wellness coordinators, and other relevant staff.

5. **Communication:** Detail how the organization will communicate wellbeing initiatives, events, and resources to its stakeholders. This could involve newsletters, intranet portals, posters, email campaigns, and social media.
6. **Measurement and Evaluation:** Specify how the organization will measure the effectiveness of its wellbeing programs. This might involve tracking metrics such as participation rates, health improvements, and Students satisfaction.
7. **Privacy and Confidentiality:** Address the issue of privacy and confidentiality when dealing with sensitive health-related information. Ensure that all data collected for wellbeing programs is handled securely and in compliance with relevant privacy regulations.
8. **Accommodation and Accessibility:** Include provisions for accommodating individuals with disabilities or specific needs to ensure that wellbeing programs are accessible to everyone.
9. **Supportive Environment:** Highlight the organization's commitment to creating a supportive and inclusive environment where Students feel comfortable seeking help and support.
10. **Continuous Improvement:** Express the organization's dedication to reviewing and improving the wellbeing policy over time based on feedback, changing needs, and evolving best practices.

Remember that each organization is unique, and its wellbeing policy should be tailored to its specific goals, culture, and resources. A strong wellbeing policy can contribute to employee satisfaction, productivity, and overall organizational success.

This is just a detailed example of what a wellbeing policy might entail. The goal is to create a holistic approach to wellbeing that addresses physical, mental, and emotional health while fostering a positive and supportive environment for the nurturing the holistic development of the child.

Policy Review

This policy is to be reviewed and checked annually by the SLT.

This policy is also approved by the governing bodies

Draft Date:	03/07/25
Approved By Board of Governors:	Approved
Principal Approval:	
Review Date:	22/08/25

The End.

